



Healthy Connections Hood River

Jeff Horacek, MD – Internal and Functional Medicine Physician

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Phase One of Functional Care:

This phase is to better understand the root causes of your current imbalances – we call this the “assessment phase” as it generally takes two visits (minimum) to discover the missing pieces of your unique health puzzle.

Two Initial MD Visits, including:

- **Comprehensive Intake Visit:** Living Matrix review, Initial Plan of Care including lifestyle recommendations
- **Follow Up MD Visit:** Review Labs, Update Plan of Care and Determine Next Steps
- **Cost: \$550 (can be paid \$350 at initial and \$200 at follow up)**
- *Cost does not include labs or recommended supplements. Costs can range from \$150-\$500+ depending on what is recommended. Many lab tests are covered by insurance. We work with you to find the most affordable way to gather the data needed to accurately assess your health.*

While we do not bill insurance companies directly for our services, we can provide you with a “superbill” which you can then submit to your insurance company for reimbursement. Many of our clients have been successfully reimbursed for our services but we cannot offer any guarantee, as all insurance companies and plans are unique. We ask for your patience in providing you with the superbill as this is an extra administrative step that can take several days to complete and provide to you following your visit with Dr. Horacek. Thank you in advance for your understanding that our primary expertise is in restoring your body to a state of well-being, not in dealing with insurance companies.

Phase Two of Functional Care:

Following your initial Phase One care at Healthy Connections, you and Dr. Horacek will create the best plan of action for your treatment. Subsequent treatment visits are at the rate of:

- MD Fee: \$350/hour, \$175/30 minute visit (in person or virtual)
- Coaching, Counseling or Nutrition Consult visits: \$100/hour

Please note our cancellation policy: If you need to cancel your initial appointment, we kindly request a 24 hours minimum cancellation or rescheduling notice. If you cancel with less than 24 hours prior to your initial visit, we reserve the right to charge you a \$100 late cancellation fee, as this late cancel limits our ability to see other clients. We do prepare prior to your initial visit and appreciate the consideration of your advance cancellation when possible. Emergencies excepted.